



## Learning Hawaiian Massage - the best of Lomi Lomi and Kahuna Bodywork

by Rosalie Samet

How this can help you to  
become truly empowered in  
every aspect of your personal  
and professional life.

Every one knows the saying, 'a journey of a thousand miles begins with a single step'. Those who have ventured into the unknown for the sake of self healing, discovery and development, whether for personal or professional help, know this truth all too well.

Filled with the delicious promise of future happiness, health and success, we press on through trial and error in hope of realizing our new selves. Repeatedly stepping outside our comfort zones we face many daunting and confusing challenges again and again. To our credit, these confirm just how much we really do want to feel better in body, mind, heart and soul and to have more clarity, creativity, understanding, love, prosperity and power in our lives.

As we progress with our quest, the important questions Who am I?, What kind of person do I want to become?, Which values are most dear to me?, and How can I best merge these into my natural talents for maximum self expression and fulfilment?, begin to take root.

This depth of heart- wrenching soul searching often leads people to Hawaiian Massage for clear answers. Noted for its amazing ability to transform lives, it blesses those who receive it as well as the fortunate few practitioners who administer it.

‘The awakening touch one has been longing for’, it goes straight to the core and realigns you with your deepest and most authentic Self. The long continuous strokes that flow up and down the length of the body purify and wash away the troubled history that stands between you and your joy. The healing touch of Aloha draws you triumphantly into a beautiful new world of self respect and self love. Encompassed by the empowering presence of Life within, you gladly ascend to the next levels of your never ending journey with renewed vigour, trust and enthusiasm.

Both qualified therapists and beginners are welcome to become students of the Practitioner Training given by Rosalie Samet of the Hawaiian Massage UK Training Centre. Learning this unique skill, which is unlike any other most people have ever experienced, is a life-changing opportunity students sincerely appreciate. Every day many important insights and healings are gained while practicing giving and receiving massage to each other. Exploring the dynamic Principles of the ancient Hawaiian Wisdom as it applies to bodywork unlocks the magnificent and magical mind of body, heart and Spirit.

One of the most wonderful aspects of this training is learning to massage sensitively, compassionately and respectfully with the universal healing touch of Aloha. Also known as unconditional love, this releases within you a most powerful force for good. Choose to make this your signature and it will forever more accompany you through all aspects of your endeavours. Blessing you and teaching its secrets as you go along step by step, you will feel loved and cherished. Bathed in grace and gratitude the true meaning and purpose of life becomes apparent.

Hawaiian Massage is especially appealing to those who love to express themselves creatively through touch and movement while interacting caringly with another on the deepest level of being. If you appreciate beauty and form yet delight in the subtle world of invisible intelligence, you will find Hawaiian Massage irresistible. Bringing together these many dynamic forces in a shamanic manner also helps develop keen intuition and laser sharp concentration. Relaxing and freeing the mind of its endless static draws you silently into the eternal now and to the source of all healing.

People at any stage of development are drawn to leaning Hawaiian Massage because they instinctively know it will strengthen and accelerate their journey into self knowing. Speaking directly to the whole of our existence, the teachings are pure, honest, direct, powerful, appropriate and manageable. Personal growth becomes fun and exciting as we continue to progress along its path. Eventually learning to sing in harmony with our inner voice, every cell of our body also learns to vibrate in peaceful accord. As we are filled with this joyful Life impulse, past memories fade away into a new world of exciting and realistic possibilities. Truly empowered, we now feel confident to bring these into reality.

If you feel you would like to claim these and many, many more wonderful rewards for yourself then please contact the Salisbury Centre or Rosalie for more details about this style of Hawaiian Massage Practitioner Training taking place at the Salisbury Centre, Edinburgh.

The Training is starting at the end of May however it is also possible to join the Training at the end of June. Should you wish to have a more intensive experience or live far away, then please join the bi-monthly Fast Track Programme. The Progressive Programme meets monthly. The Final Review and Assessment is for both groups. This Diploma Training carries full insurance and is Accredited by the Association of Physical and Natural Therapists.