

An A-Z Of Complementary Therapies

Lomi Lomi (continued)

effects of these exquisite movements are combined with clear healing intent and become an invocation for positive change on all levels. Normally an Hawaiian Massage session lasts from 1.5 to 3+ hours. Clients are invited to remove all their clothing, except for a modesty cloth which is kept in place throughout.

Rosalie Samet

Rosalie Samet is the Founder and Tutor of the Hawaiian Massage UK Training Centre in Brighton, offering Practitioner Trainings, Introductory Workshops and short courses in Huna Wisdom and Massage Skills. A leading Master Practitioner and Trainer in the sacred art of Hawaiian Massage, she brings together the best of Lomi Lomi and Kahuna Bodywork, Rosalie has created a dynamic and deeply insightful interpretation of these traditional massages from Hawaii which students find profound, transformative and empowering. In 1990 she studied with Kahuna Masters in Hawaii and now practices Hawaiian Massage exclusively. She is a dedicated pioneer in bringing Hawaiian Massage to the UK and over the last eighteen years Rosalie's work has been regularly featured in national press and specialist magazines.

To contact Rosalie to find out more about training or to book a massage

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